

TAI 報 POST

PRESIDENT'S MESSAGE



JULES JIU

Having served as President of RC Tai Po for a month, I recognise that one of the most important assets of Rotary is the Four-Way Test. I believe it's essential for all Rotary members, not just the President, to understand it. Therefore, I would like to share some information below:

The Rotary Club's 4-Way Test, crafted by Herbert J. Taylor during the Great Depression, remains a guiding light for ethical conduct within Rotary and beyond. Comprising four fundamental queries, this test prompts individuals to navigate decisions with integrity and fairness.

Exploring the 4 Questions

Of the things we think, say or do,

- **Is it the truth?** Embracing honesty and transparency builds trust and credibility, vital in fostering integrity in all interactions.
- **Is it fair to all concerned?** Upholding fairness ensures equitable treatment, urging consideration for all parties involved.
- **Will it build goodwill and better friendships?** Encouraging mutual respect and cooperation, this question emphasizes the importance of fostering strong relationships.
- **Will it be beneficial to all concerned?** Prioritizing mutual benefit fosters sustainable success and meaningful relationships, guiding decisions towards a greater good.

The 4 Way Test

of the things we think, say or do

- 1 Is it the **TRUTH?**
- 2 Is it **FAIR** to all concerned?
- 3 Will it build **GOODWILL** and **BETTER FRIENDSHIPS?**
- 4 Will it be **BENEFICIAL** to all concerned?

Applying the Test Today

In a world rife with ethical dilemmas, the 4-Way Test remains relevant across varied spheres:

- **Business Ethics:** Guiding companies towards transparency and fairness, the test aids in building trust with stakeholders.
- **Community Engagement:** For organizations like Rotary, the test shapes initiatives that truly serve the community, ensuring lasting positive impact.
- **Personal Development:** On an individual level, the test aids in navigating ethical challenges and fostering integrity in relationships.

Embracing Ethical Living

The 4-Way Test is not merely a set of questions but a timeless compass for ethical living. By embodying its principles, we contribute to a world rooted in truth, fairness, goodwill, and mutual benefit. As we confront new challenges, the test stands as a beacon of ethical clarity, urging us to act with integrity and kindness.

Through observing and learning from experienced members in RC Tai Po, I am privileged to witness the practical application of the 4-Way Test, fostering club cohesion and harmony. As President, I am fortunate to be part of a club that embodies the values of Rotary, guiding us towards a future illuminated by ethical conduct and compassionate actions.



EDITOR SAYS

CLAIRE MAK

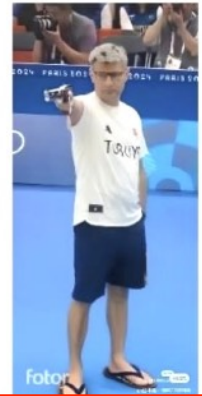
The triumphs of fencers Vivian Kong Man Wai and Edgar Cheung Ka Long, securing Olympic gold medals with unwavering determination, have ignited a wave of inspiration across the city. Vivian's heartfelt words resonated deeply, embodying the true essence of the "Hong Kong spirit." "Finally, finally I didn't lose. I lost every time, but this time I won." "I don't want to give up like this without showing the spirit of Hong Kong." The latter became a hit phrase in no time and went viral on the Internet. Her authenticity and resilience in the face of past defeats captured the hearts of many, breathing new life into the very soul of Hong Kong. I wonder if the enthusiasm in fencing might spur more students to participate in the service project with Satellite member Alan He's Fencing Academy which our club sponsored?

Amidst the fervor of the Olympics sweeping through Hong Kong and beyond, the can-do spirit showcased by athletes placed us in awe. Of course there are some light-hearted moments in the Olympics, but the display of physical prowess and sheer determination elicit enormous praises.

The first swimmer to emerge from the Seine, says the water wasn't that bad



我....真的不得不多貼一次.....這位神級大叔...
人家拚死拚活四年就是為了參加一次奧運.....
大叔你參加奧運就像是來逛夜市打氣球.....



Vivian's 'wouldn't give up' spirit, synonymous with righteousness and vigor, extends beyond the realm of athletic victories. As former Olympian Lee Lai Shan aptly expressed, even those who face setbacks or injuries in their pursuits deserve recognition for their dedication and effort. Who knows? Our service targets may one day turn out to be great athletes or they may excel in other fields.

This year, the Rotary Theme is "The Magic of Rotary". The spirit of Hong Kong and the Olympics serve as a beacon of inspiration. Rotary Club of Tai Po, guided by the principles of "Service Above Self" and the "Four Way Test," is revitalizing existing projects and forging new pathways towards community betterment. As RCTP strives to breathe new life into our service initiatives, the indomitable spirit witnessed in the Olympics and Hong Kong itself provides an additional source of motivation. Let RCTP harness this collective energy, work our magic, and bring about positive changes far and wide!



President Jules advised that for this Rotary year, our District encourages us to place more emphasis on mental health projects. So, let's take a look at some related projects around the world and get inspired to start our own project. Perhaps our new member Sim Sim who has experience designing activity for the elderly might have some idea?

ROTARY INFORMATION



Combating loneliness around the globe

Rotary clubs launch initiatives for community well-being
Info from RI News Jun. 2024



Loneliness is a growing global health concern, affecting both mental and physical well-being. Its many causes include the increased isolation that resulted from the COVID-19 pandemic. Rotary clubs worldwide are tackling this silent epidemic. They're launching a variety of innovative projects that seek to reconnect individuals with their communities and foster stronger social bonds. Here's a sampling of how Rotary clubs are promoting mental health and making a profound impact on people's lives.

Music Therapy in Singapore

The Rotary Club of Suntec City, Singapore, champions mental wellness through a three-year campaign involving music therapy sessions at the FRCS Eldercare and Caregivers Centre in Bukit Batok West. These sessions incorporate tunes and interactive movements to stimulate seniors' minds and bodies, producing joy and combating dementia. The club conducted a breakout session at the 2024 Rotary International Convention focusing on strategies to boost mental well-being.



Support for Hikikomori in Tokyo, Japan

The Rotary Club of Tokyo Edogawa, Tokyo, Japan, holds a hydroponics clinic for individuals suffering from Hikikomori, or severe social withdrawal. The clinic teaches participants to cultivate and cook vegetables while creating safe social interactions that help them reintegrate into society. Club members are committed to expanding the project, funded by district grants, to help those experiencing extended periods of isolation.

Bridging Generations in Chichester, England

The Bridging Generations initiative by the Rotary Club of Chichester Priory, Chichester, West Sussex, England, connects college students with elderly community members every two weeks for coffee and conversation. Meals are prepared by catering students. The club funds transportation for the seniors to the Chichester College-facilitated event. It enhances the students' interpersonal skills and provides the elderly with valuable social interactions, strengthening ties across generations. This story originally appeared in Rotary's Great Britain and Ireland Magazine.

Promoting Well-Being in Lima, Peru

The Rotary Club of Miraflores in Lima, Peru, addressed pandemic-induced loneliness by establishing a Happiness Committee. The club hosted online activities that included singing and dancing to lift people's spirits. The club's You Matter to Me program, developed with the Ministry of Women and Vulnerable Populations, included a suicide prevention fair and empowerment talks. In collaboration with Soroptimist International, the club organized Dream It, You Can Do It, a workshop aimed at empowering adolescent girls in foster care. The workshop highlighted the importance of mental health and community support.



Mental Health Awareness in Port Harcourt, Nigeria

The Rotary Club of Port Harcourt Spring Gardens, Rivers State, Nigeria, initiated a campaign using billboards to spotlight mental health. The campaign was timed to coincide with World Mental Health Day. In partnership with Phree Tech Web Development Nigeria, the club set up one billboard at a central intersection. Club members distributed flyers that addressed such issues as how economic stress can affect a community's well-being.





This is William Yim



William Yim
嚴皓展



Children:
Alaric,
Alvis,
Bernice,
Argus

Spouse:
Bebe



Year Inducted to Rotary / RCTP: 2012
Classification: Manufacturing Technology

Years As President:
2016-17 Rotary Serving Humanity
2023-24 Create Hope in the World



Qualifications

- 1979 Diploma in Electronics and Electrical Engineering, Maryknoll Practical Secondary School
- 1983. Certificate in Electronics and Electrical Engineering, Hong Kong Polytechnic
- 2008 Master of Art in Practical Philosophy, Lingnan University of Hong Kong
- 2023 Honorary Fellow, Professional and Vocational Council of Hong Kong
- 2024 Fellow, Hong Kong Institute of Engineer, Manufacturing and Industries Division

William is currently the Chairman of Sanwa BioTech Ltd & Sanwa Technologies Limited. He is an active industrialist, technologist and inventor.

Awards

- 2015. Hong Kong Awards for Industries: Equipment And Machinery Design Certificate of Merit
- 2015. FITMI - "Technology Start Up" Award 2015 Silver Award
- 2016. Salon International Des Inventions Geneve - Gold Medal with Jury Recognition
- 2016. Romaneii National Authority for Scientific Research and Innovation (Romania) - Gold Award
- 2017. FITMI – Hong Kong Innovation Technology Achievement Award
- 2017. Rotary Club International - Outstanding President with Distinction
- 2018. FITMI – Asia International Innovation Invention Award (Gold Award)
- 2018. The Top 50 of Innovation Biotechnology Enterprises in Guangdong-Hong Kong-Macau Greater Bay Area 2018
- 2018. Hong Kong Awards for Industries - Technological Achievement Award
- 2022. MIS Industry Award 2022 - Re-industrialisation Gold Award
- 2022. HKICT Awards-Smart Living - Smart Healthcare





As our guest speaker invited by PP Wilson Lam at Jan 2012 meeting.



Inducted as member during our Theme Night fellowship dinner at KCC in Mar 2012.



With Bebe at Sharing Session of 潮看Teen 空 project in Mar 2013.



In action at our 同建愛心村-鄉郊長者關愛計劃 Elderly Health Check service in Fanling Village in Jan 2015.



William invited his son's classmate from Germany to speak to us at Oct 2014 Regular Meeting.



Tasting biscuit made by our youth at Star Reaching Project Closing Ceremony in Jan 2015.



With dancers of Step-Up Infinity Youth Dance Show 「讓我起舞-青年成果展」 in Taipo in Jul 2014.



Happy times with PDG Jones Wong at Area 6 Spring Dinner in Feb 2016 at Royal Plaza Hotel.



At "Rotary in Wonderland" DG Banquet of District Conference in 橫琴 in May 2016.



At "Hang out with Heart 玩出伙" Youth Dance Show in Tsimshatsui in Dec 2015.



Participated in medical checkup for elderly at our 同心獻關愛 project kickoff day in Oct 2015.



Visited elderly with Benjamin Wong for our 守護關懷行動 to support elderly with dementia in Nov 2017.



As 2016-17 President at sister club RC Makati San Lorenzo Club Installation night in Aug 2016.



At 潮看Teen空2016-17 project Shenzhen trip 深圳交留團 visiting a hi-tech LED enterprise in May 2017.



Supporting our students at Sunshine Teens Abseiling activity in Dec 2019.

SUNSHINE TEENS CLOSING CEREMONY AND ABSEILING EVENT

Rotary
Club of Tai Po



TAI 報
POST

10 July 2024 ... Danny Lau

On a bright Wednesday morning, we supported a heartwarming event under our "Sunshine Teens" project held in collaboration with Heung Yee Kuk Tai Po District Secondary School and The Salvation Army.



The event kicked off at 9:00 AM in the school auditorium with an awards ceremony. This ceremony aimed at recognising and appreciating the efforts of the students over the past year. We reflected on the various activities and interest groups that the students participated in, which included numerous arts and crafts projects. The joy and pride which showed on the students' faces as they received their awards were truly rewarding.



Following the awards ceremony, the students were directed to the 6th floor of the school. Here, they listened attentively to the coaches who briefed them on the adventure activity of the day: abseiling. This thrilling activity was specifically designed for the newly enrolled form-one students.



The students had the unique opportunity to abseil down the outer wall of the school from the 6th floor to the 1st floor. This activity was more than just a physical challenge; it was a chance for the students to learn about themselves, practise emotional control, and foster a sense of belonging to their school. Moreover, it helped to strengthen the bonds between students, teachers, and parents.

We were delighted to have the parents of the students present at the event, cheering on their children. While the students were engaged in their activities, on behalf of Rotary Club of Tai Po, I conducted a parenting seminar for the parents. This session provided valuable insights into parent-child relationships and how to support their children effectively.



The event concluded around 2:00 PM with a debriefing session organized by The Salvation Army. This session allowed the students to reflect on their experiences, share their thoughts, and consolidate the lessons they had learned throughout the day.

The Sunshine Teens event was successful, thanks to the collaborative efforts of Heung Yee Kuk Tai Po District Secondary School and The Salvation Army Tai Po. It was a day filled with recognition, adventure, and valuable learning experiences for both students and parents. We look forward to continue supporting and nurturing our young talents.

ROTARY CLUBS AND VOLUNTEERS UNITE TO DISTRIBUTE ESSENTIAL SUPPLIES

27 August 2024 ... Benjamin Wong

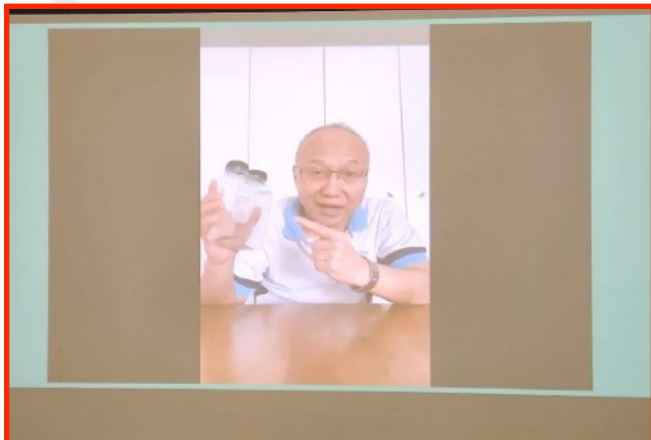
On July 27, 2024, a remarkable collaborative effort took place at the St James Settlement in the So Uk Estate of Hong Kong. Over 100 volunteers, including Rotarians, their families and friends, as well as members of the District PPE Committee, came together to distribute essential items to 100 local families in need.

The event was organized by the Rotary Clubs of the HUB Hong Kong and Golden Bauhinia Hong Kong, in partnership with the St James Settlement, and Rotary Club of Tai Po was glad to participate (with Benjamin, Andy, Vikky and Frankie in attendance). This initiative was part of the “Green in Our Hands” Competition, a District-wide program that encourages sustainable practices among Rotary Clubs.



Representing the Rotary Club of Tai Po, Benjamin as our PPE Chair and Andy, as our Vocational Chair were among the dedicated volunteers who participated in the day-long event. From 11:00 am to 4:00 pm, the team worked tirelessly to ensure that the essential supplies reached the hands of those in need.

I felt the collaborative Rotary spirit and the shared commitment to making a difference were truly inspiring. Andy shared these sentiments and considered that this event exemplifies the core values of Rotary – service, fellowship, and making a positive impact on our communities. We both felt honored to have been a part of this impactful initiative.



The distribution of essential items, including personal protective equipment (PPE), hygiene products, and other necessities, provided much-needed relief to the 100 families in the So Uk Estate. The event not only addressed immediate needs but also fostered a sense of community and solidarity among the volunteers and recipients. This event serves as a shining example of Rotary's commitment to community service and its ability to bring people together for the greater good.



At this first regular meeting of the New Rotary year, quite a few members volunteered paying red box. President Jules of course led by example.



Members and spouses joined this first meeting to catch up and of course to listen to Frankie about this journey.



President Jules chaired the first meeting. He encouraged members to "Smile" and to use the smiley icon.



We travelled with speaker PP Frankie Wu (and Rtnn. Creamy) on his Journey through Xinjiang on board the Orient Express. Together, we marvelled at the spectacular natural sceneries, exclaimed against the hair-pin bends highway, and trotted the donkey or camel rides. Frankie concluded that next time round, he'd be spending a few days in selected cozy towns for more in depth experience.



We celebrated Rtnn. Trix and PP Armstrong's birthday.



PP Wilson Woo gave out a box of Chicken Essence and one box of Birds' Nest for raffle draw; and the prizes went to PP Claire.

The smashing journey no doubt elicited numerous questions. Towards the end, Frankie advised that it would be better to split visiting respectively North and South Xinjiang on separate occasions, and that it was actually quite costly to go on the Orient Express.

AREA 6 JOINT MEETING 2024.07.29 Claire Mak



The Area 6 Joint Meeting was an occasion for our members to meet and catch up with Rotarians from other clubs and to get to know a few new friends.



Instead of mundane reporting of each club's activities, each President of the 11 clubs of Area 6 shared a few words of aspiration. On behalf of RC Tai Po, President Jules plans to have a jovial year with members wearing a smile all the time.



Heavy weight speaker PP Haywood Cheung of RC NT and Hon President of the Chinese Gold and Silver Exchange spoke to us about the Relationship between World Situation and Heavy Metal. He however branched to talk about Rotary, what Rotary meant to him and the niceties he has gained from Rotary.

Governor Nigel Lo gave a few words of encouragement. Later, different attending PDGs took to the stage and all gave a piece of their mind.

The inevitable group photo club by club.



PP Haywood's talk was moderated by AG Scarlet Tso and supported by the ad hoc appearance of veteran Media big shot Mr. Ronald Chiu Ying Chun.



Birthday celebration for July and August birthday boys and girls.



Members and family **mingling** and catching up.



Christina Tang spoke to us on a lofty topic - **Bring Blue Sky Back: Empower Sustainable Communities through IoT and Stakeholder Engagement** but her presentation was very practical. She said we live in a dense built-up city where good air quality is not a given; and since humanity thrives on a conducive environment everyone needs to work to bring blue sky back to live and to thrive. She also gave figures in support: Building electricity usage accounts up to 60% of most urban cities' carbon emission as people spent 90% of their time in buildings. By **enhancing buildings' performance**, it is conducive to constructing greener living and working space, and thus reduce our carbon footprint. Her company uses IoT sensors to help property conglomerates, banks, universities and NGOs to implement **behavioural change**. One example on the compliance incentive is that HKEX-listed companies will need to disclose their climate and sustainability risk exposure by 2025. Another is to monetize data for people engagement such as giving reward and incentive based on performance.



Rtnn. Joan asked whether the compliance requirement entails any sanction; **PP Wilson Woo** raised question about the newly developed Building installations; **PP K F** asked about viability from the engineer's perspective and **PP Wilson Lam** shared his experience dealing with Chinese and European enterprises and said there are a lot to be learned from our Chinese counterparts.

Celebration for **Wilson, Henry and KF** ... all **August birthday boys** ... with little Isaac in attendance (chaperoned by PP Armstrong).



Little Isaac won the nice raffle prize of tea set with tea leaves given by PP KF. PP Armstrong helped him claim the bulky prize.



Date	Time	Event	Venue
19 Aug (Mon)	19:00	#1443 Regular Meeting Speaker: Mr. Maurice Yeung Topic: Smart Window	Regal Kowloon Hotel
29 Aug to 31 Aug		Visit Sister Club RC Makati San Lorenzo & join their Installation	Manila
2 Sep (Mon)	19:00	# 1444 Regular Meeting cum Club Assembly	Regal Kowloon Hotel
16 Sep (Mon)	19:00	# 1445 AG Scarlet Tso's Visit	Regal Kowloon Hotel



JULY 2024

- Anthony Hung
- Armstrong Shea
- Claire Mak
- Frankie Wu
- Henry Wang
- Jules Jiu
- KF Tam
- Peter Lam
- Vicky Tam
- Wilson Woo

Rotary Club of Makati San Lorenzo

Makabagong Tertulia
Ang Pagtatalaga
(INSTALLATION OF OFFICERS FOR RY24-25)

Kasustian (Dittir): Filipiniana

NORTH FORBES PARK PAVILLION
Ika-29 ng Agosto, 2024
Alas Singko ng Hapon
(AUGUST 29, 2024, 5PM)

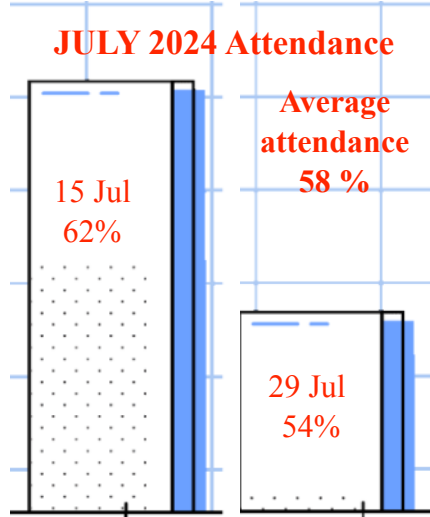
HAPPY BIRTHDAY
To August Stars!

Rotary Club of Tai Po

- RTN Manson Ho (3/8)
- PP Wilson Woo (10/8)
- PP Louis Tang (14/8)
- RTN Henry Wang (15/8)
- PP KF Tam (23/8)

On Leave

William from 7/2024
Vicky from 8/ 2024



miss you

- Andy Siu
- Manson Ho
- Masayuki Tsubaki
- Ronald Chung
- Sincere Yip

Regular Meeting #1443
19 August 2024 (Mon)
Regal Kowloon Hotel, TST East
7:00pm Reception | 7:30pm Meeting

SMART WINDOW

A guru engineering a quiet living environment

Mr Maurice Yeung
Former Principal Environmental Protection Officer, EPD

Rotary Club of Tai Po

Got something to say?

Tai Post wants to hear from you.
Write in to clairemak.rctp@gmail.com
Tai Post reserves the right to edit articles for length and clarity.

The editorial board
Claire Mak, Peter Lam

